



Delicious
Feel-Good
Dairy

Honey Whipped Ricotta and Strawberry Toast

Ingredients

Honey Whipped Ricotta Cheese

4 oz ricotta cheese
2 tbsp whipped cream cheese
1 tbsp honey

Strawberry Toast

2 slices whole grain bread
6-8 fresh strawberries, sliced
2 tbsp balsamic glaze
fresh basil, thinly sliced (optional)

Directions

1. Whisk together ricotta cheese, whipped cream cheese, and honey together in a small bowl.
2. Toast bread and spread whipped ricotta mixture on one side.
3. Top with sliced strawberries and drizzle with balsamic glaze. Additionally top with optional sliced basil.

Recipe by Ariel Johnston, RD, LD,
The Tasty Balance



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